



# CARE STAFFING

P r o f e s s i o n a l s

## Care Staffing Professionals Job Description

### **Position:** Registered Nurse – Mother-Baby

This position description has been designed to indicate the general nature and level of work performed by employees within this classification. It is not designed to contain or be interpreted as a comprehensive inventory of all duties, responsibilities and qualifications which may be required of the employee assigned to the position. Depending on the size of the facility the job duties may vary. Receipt of the job description does not imply nor create a promise of employment, nor an employment contract of any kind; my employment with the Company is at-will.

### **Position Summary**

Under general supervision, nurses deliver care to patients utilizing the nursing process of assessment, planning, intervention, implementation, and evaluation, in accordance with established philosophy. Nurses collaborate with other professional disciplines to ensure effective patient care delivery and achievement of desired patient outcomes. Nurses effectively interact with patient and significant others, while maintaining the standard of professional nursing. The nature of the direction and supervision required for this position varies by State and job setting. Mother-Baby Nurses educate and assist new mothers with physical and emotional needs during the post partum period, while in the hospital setting. They perform the dual role of caring for the infants and educating mothers about care.

### **Position Responsibilities**

Mother-Baby Nurses provide direct and individualized nursing care to patients based on the application of scientific nursing principles. In addition to general nursing care, responsibilities of Mother-Baby Nurses include (but are not limited to):

- Consults and coordinates with health care team members to assess, plan, implement and evaluate patients' (both mother and infant) care plans
- Maintains a comfortable, safe and clean environment for mother and infant
- Assists mother with her hygienic needs
- Checks mother for any post-partum bleeding
- Examines mother's fundus
- Inspects C-section incision (if applicable)
- Assesses mother's pain, if any
- Performs emotional status checks on mother, recognizing symptoms such as those related to post-partum depression
- Monitors bonding between mother and infant
- Takes mother's and infant's vital signs
- Measures input/output of mother and infant

- Monitors mother and infant and reports adverse reactions to any treatments or medications being given
- Provides mother with breast-feeding tips
- Educates mother on sore nipple management
- Teaches mother bathing tips for infant
- Instructs mother on diaper changing
- Weighs infant
- Performs heel sticks for bg's of infant
- Keeps track of all feeds and diapers
- Bathes infant
- Involves and educates family/significant others in implementing best practices for mother and infant care
- Records all care information concisely, accurately and completely, in a timely manner, in the appropriate format and on the appropriate forms
- Performs other position-related duties as assigned, depending on assignment setting

Depending on setting, may also:

- Float among various clinical services, where qualified and competent

### **Other Responsibilities**

- Completes required orientation as directed by facility
- Follows facility and OSHA safety rules and procedures while on assignment
- Follows facility and GHR Unusual Occurrence Protocol
- Respects cultural and religious practices of patients
- Upholds HIPAA regulations
- Punctual and dependent for assigned/confirmed shifts

### **Position Requirements**

- Graduate of an accredited nursing program
- Current nursing license, in good standing with the State licensing board
- Minimum of one (1) year post-graduate nursing experience
- Federal-, State- and GHR-required credentials current and on file
- Cognitive skills as related to the position

### **Working Conditions**

Because patients need round-the-clock care, working hours include days, nights, weekends and holidays. The number of patients assigned per shift will vary with facility and specialty, if applicable. Nurses spend considerable time walking, bending, stretching and standing; they assist in patient transfers. They must follow proper body mechanics and procedures for lifting/moving patients and objects. Nurses may face hazards from exposure to chemicals and infectious diseases.

### **Physical Demands**

- Ability to lift twenty (20) pounds. Moving, lifting or transferring of patients may involve lifting of up to fifty (50) pounds, as well as assist with weights of more than one-hundred (100) pounds.
- Ability to stand for extended periods
- Fine motor skills
- Visual acuity

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions. While performing the duties of this job, the employee is regularly required to stand and talk or hear. The employee is frequently required to walk; use hands to finger, handle, or feel; and reach forward with hands and arms. The employee is occasionally required to sit and stoop, kneel, or crouch. The employee must frequently lift and/or move up to 20 pounds and occasionally lift or move 50 lbs. Specific vision abilities required by this job include close vision, distance vision, color vision, peripheral vision, depth perception, and ability to adjust focus.

The overall physical demand rating for a job of the nurse falls within the **Medium** classification (exerting 20 to 50 pounds of force occasionally, and/or 10 to 25 pounds of force frequently, and/or greater than negligible up to 10 pounds of force constantly to move objects. Physical Demand requirements are in excess of those for Light Work) according to the Dictionary of Occupational Titles.

\*Physical demands as published by the US Department of Labor, 1991 in the Dictionary of Occupational Titles, 4<sup>th</sup>, Edition. You may contact Care Staffing Professionals' Human Resources Department for a comprehensive list of physical demands.

**Signature:** \_\_\_\_\_

**Print Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_